

(7 pages)

7829/ND1

OCTOBER 2008

Paper I — NUTRITION AND DIETETICS

Time : Three hours

Maximum : 100 marks

SECTION A — (20 × 1 = 20 marks)

Answer ALL questions.

Choose the right answer :

1. The gestation period
 - (a) 28 – 32 weeks
 - (b) 32 – 36 weeks
 - (c) 38 – 42 weeks
 - (d) 42 – 46 weeks
2. BMR increases during pregnancy due to
 - (a) Growth and development of foetus
 - (b) Change in digestive function
 - (c) Increase in blood volume
 - (d) Decrease in blood volume.
3. Which hormone stimulates milk production
 - (a) Insulin
 - (b) Thyroxine.
 - (c) Prolactin
 - (d) Oestrogen.
4. The iron requirement during pregnancy
 - (a) 32 mg/day
 - (b) 34 mg/day
 - (c) 36 mg/day
 - (d) 38 mg/day.
5. Normal length of a new born infant
 - (a) 25 cm
 - (b) 50 cm
 - (c) 75 cm
 - (d) 100 cm.
6. What is ORT?
 - (a) Overall Replacement Treatment
 - (b) On Recovery Treatment
 - (c) Oral Rehydration Therapy
 - (d) Oral Recovery Therapy.
7. The protein requirement of a preschooler between 1 – 3 years.
 - (a) 22 gm/day
 - (b) 25 gm/day
 - (c) 28 gm/day
 - (d) 30 gm/day.
8. What is NCHS?
 - (a) National Council for Health Statistics
 - (b) Nutrition Council for Health Statistics
 - (c) National Centre for Health Statistics
 - (d) Nutrition Centre for Health Statistics.

17

p. g. D Nutrition and Dietetics

